

Injury History

Please note & briefly describe any/all sustained injuries in the appropriate box, specify right or left side if applicable.

Injured Area	Age 1-19	Age 20-35	Age 36-45	Age 46-55	Age 56-65	Age 66-75	Age 76+
Foot/Ankle							
Knees							
Hip/Pelvis (groin)							
Low Back							
Upper Back							
Abdominals Area (hernia, ribs, etc.)							

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Injured Area	Age 1-19	Age 20-35	Age 36-45	Age 46-55	Age 56-65	Age 66-75	Age 76+
Neck (whiplash, etc.)							
Head/Jaw (concussion, snapping/popp ing, teeth grinding, etc.)							
Shoulder (AC joint separation, dislocation)							
Elbow							
Wrist							
Hand/Fingers							